

Region I (First VDG Lion Nelson)

Zone I Chairperson

Fred von Bechmann

P.O. Box 2395
Forest , VA 24551
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C: (434) 660-7755
E: vonb2@verizon.net
(Forest)



Zone I Clubs

1. Bedford Breakfast
2. Bedford Host
3. Forest
4. Moneta
5. Stewartsville-Chamblissburg

Zone II Chairperson

Kirk Sampson

275 Cambridge Court
Hardy, VA 24101
H: (540) 721-8172
E: smlakeman@gmail.com
(Smith Mountain Lake)



Zone II Clubs

1. Boones Mill
2. Ferrum
3. Martinsville/Henry County
4. Rocky Mount
5. Smith Mountain Lake
6. Stuart

Zone III Chairperson

Linda All

2727 Calloway Street NW
Roanoke, VA 24012
H: (540) 366-1038
B: (540) 510-3006
F: (540) 510-3050
E: linda.all@leclairryan.com
(Roanoke Williamson Road)



Zone III Clubs

1. Buchanan
2. Edgewood
3. Roanoke Villa Heights
4. Roanoke Williamson Road
5. Troutville