

The Lions Pride

District 24-E September 2013



District Governor

District Governor's Message

Kirk Sampson 2013–2014 I want to thank you for giving me the opportunity to serve as your District Governor for 2013-2014. I look forward to visiting each club and spending time with individual members in fellowship. I would like to be invited to your club activities such as Fund Raisers, Service Projects and Club Socials.

District 24-E Officers

Kirk Sampson District Governor

James Newman 1st Vice District Governor

Lowell Skelton 2nd Vice District Governor

Clark Vandergrift Cabinet Secretary

James Newman Cabinet Treasurer

Tammie Brightwell State Sec/Treas.

Reg / Zone Chairmen

Gloria Guice Reg I Zone I Chair Christopher Stone Reg I Zone II Chair Marian Bullard Reg I Zone III Chair

Eric Mills
Reg II Zone I Chair
Marty Alford
Reg II Zone II Chair
Joseph Wade
Reg II Zone III Chair

Our District is in a decline in membership. We are at a critical point and if we don't stop the trend and begin to grow we are in danger of losing our District Status. "Well, that's the way we have always done things" no longer works. We need to try new things. It's broken and we must begin to fix it.

The DC Team will implement some ideas that we hope will excite and encourage the clubs to get involved at the District level. To turn our District around, we need every member to pull together to make our District successful and the best in Multiple District 24, Virginia.

The first step realigned the Zones so that each Region consists of 18 clubs, a branch, a Leo club and 3 Zone Chairs each with 6 clubs. This involved change, but just because you are not in the same Zone with another club does not mean you can not continue to work together on projects.

All clubs will be put into 3 categories, small, medium and large. Each category will consist of 12 clubs. The DC Team will assign goals to each club based on the number of members. The new goals are reasonable and attainable. If every club does their part, we can begin to grow.

I have asked each Zone Chair to visit their clubs by the end of October to present the goals and objectives. Please stay in touch with your Zone Chair and consider them as an adjunct member of your club.

I will visit each club by April 2014, talking about my theme for the year "Focused on Lionism". We must refocus on how we spend our contributions to service. We must not forget that our charges as Lions are **Eye Sight**, **Hearing, Diabetes, Measles, Literacy and Community**. We should not be raising money to give to professional organizations with excessive staff budgets. Nobody is raising money on our behalf.

I need every Lion in District 24-E to help. Together, I honestly feel we can turn things around and have fun doing it.

Yours in Lionism, DG Kirk Sampson

The Governor's Recipe for Kindness

Fold two hands together and express a dash of sorrow
Marinate it overnight and work on it tomorrow.
Chop one grudge in tiny pieces, add several cups of love
Dredge with a large sized smile, mix with the ingredients above.
Dissolve the hate within you by doing a good deed
Cut in and help your friend if he should be in need.
Stir in laughter, love and kindness, from the heart it has to come,
Toss with genuine forgiveness and give your neighbor some.
The amount of people served will depend on you,
It can serve the whole wide world, if you really want it to.

A Farewell to the Troops

My fellow Lions of District 24-E

The past Lions Year was a very fast year and also very rewarding for me. It was great to visit all the clubs in our district and see and hear all the great things being done to serve our fellow man. My new Virginia License Plate is PDGX2 and it could have a double meaning. Since Lion Bernice and I are both PDGs it could mean two Past District Governors, but the true meaning is I have served as District Governor two times and it is time to let someone else move up. I believe we have excellent leadership waiting to step up to the plate.

I want to thank all Lions clubs and members who made this year successful. I know the district is in good hands with the District Governor Team we have in place to lead us into the future.

Lion Nelson Leftwich PDGX2

Important Upcoming Dates:

Juvenile Diabetes Research Foundation Walk (**JDRF**) 11:00 am Sunday, Sept. 22nd at the Virginia Museum of Transportation. We need walkers and volunteers to help with registration. Contact PDG Dallas Scott.

Peace Poster Contest_- This year's theme is "Our World, Our Future". Clubs can order kits from LCI Club Supplies. Request PPK-1, cost is \$10.95, plus shipping. Kits must be ordered by Oct. 1st. Nov. 15th is the postmark deadline for clubs to submit one winning poster (per contest sponsored) to the District Governor.

Fall Conference - October 18th and 19th, Holiday Inn Valley View. This year's theme "Shine on Harvest Moon". See information that follows. Come out and join in the fun and fellowship.

District Cabinet Meeting - November 10th at 2:30 pm in the Eye Glass Recycling Center, 5th and Elm Sts.





District 24-E Fall Conference

To: Fellow Lions, Lionesses, and Leos

Date: August 19, 2013

The District 24-E Fall Conference will be held October 18 - 19, 2013 at the Holiday Inn Valley View, Roanoke. The 24-E Cabinet will be your host for the Conference. This year's theme is Shine On Harvest Moon.

Activities on Friday will include a Harvest Moon dinner with entertainment by Kelly Mullins. Throughout the evening you will have an opportunity to bid on items at the silent auction. Come dressed casually; be prepared to dance to some great country music and to have a wonderful time. All clubs are asked to provide items for the auction or a donation of **two dollars**, per member. We would like to see some larger items since this is a silent auction. Your support helps us to defray some of the cost of the Fall Conference. Please give your items to your Zone Chairman by October 15, 2013. If you are sending a monetary donation in lieu of items to auction, please mail your check to 24-E Fall Conference 5004 Colonial Ave, Roanoke, VA 24018.

A Fellowship Breakfast will take place on Saturday morning followed by informative sessions. The luncheon will feature International Director Lion Stacey Jones, Miami Gardens, Florida as our keynote speaker. The afternoon activities will include a District Meeting, 24-E Charity Meeting and a reception for you to meet International Director Lion Stacey Jones and his spouse, Lion Mary. The evening will include the Conference Banquet and Hospitality Room. Please come and enjoy the evening's entertainment.

Lady Lions, Lionesses, and Guests: The Lady Lions of District 24-E extend to you an invitation to a complimentary Ladies Tea in honor of Lion Mary Jones, wife of International Director Lion Stacey Jones. This Ladies Tea will be held on Saturday afternoon, October 19, 2013.

A Registration Form is included for your use. Return the form along with your check for meals to me at the address found in the top left box of the Registration Form. <u>The deadline for registration for the Conference and Ladies'</u> **Tea is October 11, 2013.** Please complete one form for each person attending.

Hotel accommodations at the Holiday Inn Valley View must be made directly with the hotel at (540) 362-4500. Please ask for the <u>District 24-E Lions of Virginia rate</u> of \$72.00 plus tax. Reservations may also be made by accessing www.holidayinn.com/roavalleyview and using the code LVA. The deadline for Hotel reservations is October 11, 2013.

Registration packets can be picked up in the hotel lobby on Friday from 1:00 – 6:00 pm and on Saturday from 7:00 – 3:30 pm.

District Governor Kirk Sampson would like to take this opportunity to welcome you to the District 24-E Fall Conference as he begins to carry out this year's theme "Follow Your Dream."

Yours in Lionism

Enclosure: Registration form, DG Letter, Schedule of events

Mail registration to:
District 24-E Fall Conference Registration
5004 Colonial Ave., SW
Roanoke, VA 24018



Contact Person for this registration form:
Name:
Telephone Number:

24-E Lions Fall Conference 2013

October 18 - 19, 2013

Holiday Inn Valley View Roanoke, VA

A registration form must be completed for everyone attending the Fall Conference. Nametags, conference
packet and a Fall Conference Pin will be provided for all registered attendees. Those attending the paid activities
must indicate their choices below. If you need a table for your club to use for display or sales, indicate by checking
here.

Hotel Reservations: Call the Holiday Inn at (540) 362-4500 or Toll Free (800) 465-4329 to make your reservations. Request the <u>District 24-E Lions of Virginia rate</u> (\$72.00 plus tax). Or go online to make your reservations by accessing www.holidayinn.com/roavalleyview and use 3 letter code LVA. The deadline for hotel reservations is October 11, 2013.

Deadline for Fall Conference registration is October 11, 2013.

A Ladies' Tea honoring Lion Mary, spouse of International Director Stacey Jones, will be held on Saturday, October 19, 2013. Please check the appropriate box below if you plan to attend (The Ladies' Tea is complimentary.)

Name:		Lion Lioness LEO Guest	
Club:		Office Held	
Nametag:		(please indicate how you would like your name on nametag)	
Registration Fee (includes pin)	\$20.00	\$20.00	
Friday Dinner and Entertainment	\$30.00		
Saturday Fellowship Breakfast	\$15.00		
Saturday Buffet Lunch	\$18.00		
Saturday Banquet	\$30.00	please indicate selection below	
Prime Rib Salmo	on Rosemary	_ Chicken Wellington	
Ladies Tea Will attend _	Will not atten	d No Charge	
TOTAL AMOUNT ENCLOSED: \$			

Checks should be made payable to: District 24-E Fall Conference Please mail registration to the address above.

Friday Dinner – Buffet

Southern Fried Chicken
Hamburgers
Hot Dogs
Red-Skinned Potato Salad
Macaroni Salad
Assorted Cookies
Iced Tea and Lemonade
Cash Bar

Saturday Breakfast - Buffet

Scrambled Eggs
Hickory Smoked Bacon
Sausage Gravy & Biscuits
Home-style Breakfast Potatoes
Assorted chilled fruit juices
Assorted milk
Coffee
Fresh Fruit w/ Honey Yogurt
Assorted Pastries
Butter
Fruit Spread

Saturday Lunch - Buffet

Herbed Baked Chicken
Braised Sirloin Tips Burgundy
Mixed Greens Salad with Julienne Vegetables
Assorted Dressings and Toppings
Chef choice 2 vegetables
Assorted Gourmet Rolls w/butter
Assorted desserts
Iced Tea, Coffee, Water

Saturday Dinner - Plated (3 choices)

Salmon Rosemary

Salmon Filet simmered in White Wine and fresh Rosemary Sauce with Bacon, Bell Peppers and Onions

Chicken Wellington

Natural Chicken Breast filled with a stuffing of Portabella Mushrooms and White Button Mushrooms in a Marsala Demi-Glace, then delicately wrapped in a Puff Pastry

Prime Rib Au Jus

Eight ounce slow roasted Prime Rib and napped with a natural au jus. Served with a creamy horseradish sauce

All above served with salad, chef choice vegetable and starch, gourmet rolls, assorted desserts, ice tea, coffee and water

Friday, October 18

1:00 – 6:00 PM	Registration – Lobby
1:00 – 6:00 PM	Exhibits – Parlor Room 215
6:30 – 8:00 PM	Dinner – Allegheny Room
8:00 – 10:00 PM	Entertainment – Kelly Mullins
10:00 PM - 12:00	Hospitality Room
Saturday, October	<u>19</u>
8:00 – 3:30 PM	Registration – Lobby
8:00 – 9:00 AM	Breakfast – Allegheny Room
8:00 – 3:30 PM	Exhibits – Parlor Room 215
9:10 – 10:10 AM	Leadership
	Officers Training
	Diabetes
10:20 – 11:20 AM	Leadership
	Officers Training
	TBD
12:00 – 2:00 PM	Lunch – Allegheny Rom
	Program – ID Stacey Jones and Awards
2:30 – 3:00 PM	District Meeting – Ballroom A
3:10 – 4:10 PM	24-E Charity Meeting – Ballroom A
4:15 – 5:15 PM	Ladies Tea – Conference Rooms 3 & 4
6:00 – 6:45 PM	Reception – cash bar (drinks for visiting ID will be on master account) – Allegheny Room

7:00 - 9:00 PM

9:00 - 12:00

Banquet – Allegheny Room

Hospitality Room

Reflections on a Fall Conference –

It was bound to happen eventually. After almost 15 years as a Lion, I attended my first Fall Conference outside of District 24-E. How was it?

Same thing, only different. There was plenty of fellowship and opportunities to learn more about Lionism, only conducted a bit different manner than we do it here in 24-E. Not quite the same, but still effective and productive. Must remember that the next time someone wants to change something and I hear a chorus of "Well, around here, we have always done it this way" There are different ways to do things, yet still get the job done.

Our guest speaker for the conference was International Director John Harper from Wyoming. Did you know that Wyoming is a single District, not a multiple District like Virginia? A single District Governor serves the entire state, which is about two and one half times the size (in square miles) of Virginia. Even with such great distances, there is cooperation between clubs in serving the public. In fact, it was the combined efforts of Lions in two states, Wyoming and Colorado, which brought about the Rocky Mountain Lions Eye Institute, a first class medical facility which serves both states. If cooperation can be achieved on such a grand scale, surely clubs in our District can work together and with other service organizations on joint projects which better serve our communities.

ID John's talk at the Saturday night banquet centered around three questions. They are applicable to Lions everywhere. Who is the most important person? When is the most important time? What is the most important action that can be taken? The answers: You, Now, and Your action(s). If you do not do it, who will? If not now, when, if ever will it get done? When Lions see a problem or need that we can address, it is important that we act on it. We cannot depend on someone else to solve the problem. If we do not act, and act promptly, the problem may not get resolved. If we do not act, we do not serve!

Well, one down and only five more conferences to go. While I may not be seeing you at all five, I hope to see you at our Fall Conference on October 18th and 19th. The opportunities are there. Come and take advantage of them. You never know what you might learn or what new friendships you may develop. (You may even get lucky and win the 50/50. Governor Kirk is so jealous. He had the strip of tickets right after mine!)

1st VDG, Lion Jim Newman

District 24-E Shatters LCIF Goal

Lions Clubs International Foundation (LCIF) is the fund raising arm of Lions Clubs International (LCI). This is where the Melvin Jones funds are placed. LCIF is the philanthropic organization of LCI. LCIF makes the donations on your behalf after each natural disaster. They provided \$10,000 for the tornado victims in Pulaski County in 2011. They also gave a grant for the payment of training and books for Franklin and Bedford County Lions Quest in 2012.

Each year the District Coordinator for LCIF is required to set a Goal for the funds to be raised by the District. In 2011-2012, District 24-E raised \$17,726. Therefore, I set the goal at +5% or \$18,100. At the end of May, we had donated almost \$14,000. I knew that one club had a donation going in for \$2,000 and I felt sure the other clubs would make up the difference. We would reach our goal. July 31, the final numbers were distributed. District 24-E donated \$22,666 for 2012-2013. That is a 125.23% increase the largest increase in MD-24. THANK YOU District 24-E! Your care for the less fortunate and your giving will be put to good use eradicating measles and serving those in need at a time of desperation.

Your generosity makes me very proud to be a LION. I hope that you too are proud to serve. You have helped people all over the world.

This year I have to set another goal for the funds District 24-E will donate to LCIF. Historically, I should set the goal at +5% from this year for a total of \$23,800. DG Kirk has said set a goal that is achievable but is a stretch. So, the District 24-E LCIF Goal for 2013-2014 will be \$24,933 or last year +10%. We can do this! There is someone in your club who needs to be recognized for their efforts. Get them a Melvin Jones Fellowship Award. If, your club did not make a donation to LCIF last year, please budget \$200 to LCIF. This year it would be great if all clubs in District 24-E (LIONS, LEOS and BRANCH) made a donation to LCIF. Let's hear you ROAR and make the world a better place.

Bland Program is a Support for Youth Project

Do you have a child, grandchild, neighbor's child or friend's child age 11 to 18 who sings or plays an instrument? Perhaps they would be interested in competing in the 2014 Lions of Virginia James A. Bland Memorial Music Scholarship Contest. Last year's Vocal winner was 18 years of age and the Instrumental winner was 15 years of age. Musical talent does not grow by years of age but by dedication to practice. If your club is not sponsoring a local qualifying contest, then perhaps you should start one. The Bland Contest is a great activity for Youth Support requested by International President Barry Palmer. The Bland Foundation provides everything you need to start a Bland Program. This information may be accessed at www.blandfoundation.org . Download the handbook to get started. It is not difficult to start a program.

I would be happy to come to your club to give an LCIF program or to provide any support your club needs to get a Bland Program started . Please feel free to contact me at one of the numbers below.

Respectfully submitted, Dallas Scott, PDG, LCIF Chair and Bland Chair 434-610-4314 home, 434-942-4156 cell, dallas.scott@areva.com

Information Technology

International and MD-24 Information Technology are urging each Clubs to have a Website and a Facebook Site. It is very easy to set up Web pages for your club at: http://www.e-clubhouse.org/ and facebook site at www.facebook.com Just remember to keep as easy password for these accounts, such as "we serve" so you can log in and update pages often.

Also if your club desires information (newsletters, photos, flyers, etc.) posted to your club pages on the District 24-E WebPages, contact me at district.24e.website@comcast.net, will post a.s.a.p.

There also is a District Calendar that events can be posted on the District Website, click on the word calendar highlighted in blue to access the calendar.

Carl Stump, District IT Chair, H: 540-389-3538, C: 540-204-6366

Camp Too Sweet

Lions of Virginia (LOV) District 24-E is very proud to once again have teamed up with Carilion Clinic's Camp Too Sweet Project, held June 17-21. Club members from: Bedford Host, Edgewood, Ferrum, Forest, Moneta, Roanoke Host and Smith Mountain Lake were on site to offer their services bright and early on registration day. The Lions assisted directing campers and parents through the registration process, performed Vision Screening, Audio Screening and presented each camper with a Camp Too Sweet tee shirt courtesy of LOV District 24-E.



Pictured front are Lions: Frances Scott, Gloria Guice, Kirk Sampson and Nelson Leftwich. Second row Lions: Dallas Scott, Don Rhinehart, Lowell Skelton, Ralph Long and Tammie Brightwell. Several others were on site, but not available for photo taken by Lion Rob Senoski.

Moneta Lions Rob Senoski and Gloria Guice double check their list of names and corresponding Tee Shirt sizes to be passed out to the "Camp Too Sweet" campers, and volunteers attending this years five day resident camp.



Lions Quest

Lions of Virginia (LOV) District 24-E Lions Quest Committee, Chaired by Lion Peggy Smith of the Ferrum Lions Club, met at the Westlake Country Club for a feedback luncheon. Lions Quest is an educational program available through the Lions Clubs International Foundation.

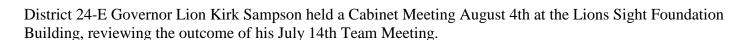
All participating elementary school counselors, and school administrators from throughout Bedford and Franklin Counties were invited to critique the Quest program.



Pictured are: Counselors Jane Burks, Mona Kanode, Michael Hudson, Franklin County Director of Curriculum Keith Pennington, with Counselors Stephanie Pendleton, Allison Weaver, Katie Overstreet Elaine Arbogast. Also in attendance were District Governor Lion Nelson Leftwich, Governor Elect Lion Kirk Sampson, with committee members Lions Roger Seale, Gloria Guice, Lowell Skelton and Marian Bullard.

The famous Lions Quest "Q Bear" seated center, accompanied Elementary Student Counselors Elaine Arbogast and Stephanie Pendleton as they reviewed they many instructional teaching aids associated with the Lions Clubs International Foundation's Lions Quest Program

Cabinet Meeting



The Cabinet viewed International President Barry Palmer's video "Follow Your Dream" prior to delving into district matters.

Governor Kirk handed out copies of his plans for the year, and encouraged club leaders to also set goals. One of his plans has already been accomplished, the minor realignment of clubs and zones to equalize the numbers handled by each Zone Chairperson.



The 2013-2014 District Budget was presented by 1st Vice District Governor Lion Jim Newman. Many other topics were discussed, including: purchasing a District Banner similar to our club banners, the purchase or donation of "audio / visual" equipment for use during meetings at the Sight Foundation Building, also the fall conference to be held Oct 18 and 19 at the Holiday Inn Valley View, to name a few.

A number of District Chairperson gave brief reports, followed by comments from our 2nd Vice District Governor Lion Lowell Skelton and 1st Vice District Governor Lion Jim Newman.

Dallas Scott named June Volunteer of the Month

Dallas Scott has served in the Lions Club since 1983 and volunteers an average of six hours a week. He joined the Lions Club while on assignment to Sacramento Municipal Utility District and has served in numerous leadership roles in Lions Club chapters in California, Arkansas and Virginia, including President, Region Chair and First Vice District Governor. Dallas currently serves the Forest Lions Club and District 24-E as a Cabinet Committee Chairperson on four committees. "The Lions motto is WE SERVE," said Dallas. "I have tried to

live up to that motto and be an example for the rest of our club... I get a personal feeling of accomplishment and gratification to be



able to help other people. I joined Lions for the fellowship and camaraderie. I have stayed a Lion because I believe we are making our communities, countries and the world a better place."

Did you know? LIONS is an acronym standing for Loving Individuals Offering Needed Service.

Another of Dallas' current projects is a statewide music scholarship contest for vocal and instrumental students that awards \$18,000 in scholarship funds to 12 Virginia students. Some of Dallas' other activities include serving the Virginia Lions Hearing Foundation and Research Center located at UVA, Book Buddies at New London Academy, selling raffle tickets, selling Christmas trees, coordinating membership drives and helping initiate new members and many, many more service programs in our area.

For the history buff: In 1925, Helen Keller was the keynote speaker at the Lions Club International Convention in Ohio. She presented this challenge to the Lions: "I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?" Ever since then, the Lions have served the blind and hearing loss communities.

AREVA has made a donation to the Forest Lions Club in recognition of Dallas' service and commitment.

Rich Creek - Giles Breakfast Branch Lions Club

A successful Blood Drive sponsored by RC-Giles Breakfast Branch Lions Club was held during Pearisburg's Festival in the Park. Club member Lion Betty Herbert stated "we were happy to see folks coming in to make their donations as soon as they could be screened". Virginia Blood Services representative Doug Rubel reported that they expected to collect between 12 and 15 units of blood.

Lion Charlie Herbert, Club Coordinator, publicly thanked all the people of Giles County who came out and made donations. Thanks were also sent to the staff of the Pearisburg Community Center for their assistance in making the gym available for this drive. Discussions are underway to repeat this blood drive at next year's Festival in the Park as well as at other festivals around Giles County.

In keeping with Virginia Blood Service's Slogan, GIVE BLOOD LOCAL, KEEP BLOOD LOCAL, SAVE LIVES LOCAL, Lion Charlie states "all blood collected on Saturday will remain in the New River Valley for use in the Carillion Clinic facilities here. That means that within the next couple of weeks three people's lives will be touched by each unit of blood donated at this Blood Drive.



Left: Lion Sherri Nipper, a first time blood donor, makes her contribution to save lives in our community

Right: Lions Betty and Charlie along with Representative Joseph Yost encourage others to donate blood at the Festival in the Park



After seeing how successful the RC-Giles Breakfast Branch Lions Club's Blood Drive at the Pearisburg Festival In the Park had turned out, another blood drive was held during the Newport Agricultural Fair in Newport, VA on Saturday, August 10. By 4 p.m. when the drive ended 29 units of blood had been collected.

RC-Giles Breakfast Branch Lions Club will also sponsor blood drives with Virginia Blood Services at both the Rich Creek Fall Festival and at the Pembroke Heritage Festival. The club has challenged the residents of Giles County to please make an effort to stop by one of these events to make a donation.



Left: Katherine Chambliss registers to donate blood at the Pearisburg's Festival in the Park

Right: The"Big Red Bus" was a busy place at the Newport Agricultural Fair on August 10th



For the third year the United Methodist Women at Pembroke United Methodist Church sponsored a Back To School Bazaar to assist the needy families of Giles County with supplying the ever growing, and ever more expensive needs of a child going back to school. This year saw just over 300 children from all over Giles County attend the event. The children received backpacks personalized with everything they will need for their specific school and class. Volunteers came from throughout the area to assist. Donations came from individuals as well as corporations in Giles County.

As just one of the many things offered to the families, vision screening was conducted by RC-Giles Breakfast Branch Lions Club. Using the SPOT by Pedia Vision, RC-Giles Breakfast Branch Lions screened children as young as a two years old year through the high school age. Prospective member Nick Clark, one of Pearisburg's new Optometrists, assisted with the screening. Having never seen SPOT before, he was "very impressed with this technology. We need to do whatever we can to raise the funds to get one of these units into Giles County. I'm on board and ready to do whatever my wife and I can do to help."



Nick and his wife Jackie have recently bought an existing practice in Pearisburg and will both become members of RC-Giles Breakfast Branch Lions Club very soon. The club is excited to welcome them into our Lion family.

RC-Giles Lions are working on fund raising efforts toward the purchase a SPOT unit that will always be in Giles County and available for use at screenings anywhere in the county.

Right: Newest member Lion Sherri Nipper along with Dr. Nick Clark prepare to screen one of the 3 year olds

On Thursday, July 16, 2013 RC-Giles Breakfast Branch Lions Club was delighted to induct our newest member, Sherri Nipper.

In addition to her duties as Director of Giles County Department of Social Services, Sherri currently serves on

the Western Regional Child Fatality Team, as a Board Member of the Giles County Homeless Shelter - Hope House, a Board Member of the Guardian of Last Resort of the New River Valley, Board Member of Self-Sufficiency of the New River Valley, and serves on the Giles-Pulaski Comprehensive Services Management Team.

Sherri has jumped right in to assist with all the activities with which our group has been involved since she became a member. RC-Giles Breakfast Branch Lions Club is extremely fortunate to add this hard working, dedicated new member to our "family".

Submitted by Lion Betty Herbert



The Lions Clubs of Franklin County

The Lions Clubs in Franklin County spoke to the seniors at the Franklin County Senior Center on Monday, August 12th, at a luncheon meeting.

Topics covered were the history and focus of Lions Clubs International. These Lions Clubs detailed the local Lions service projects in Franklin County such as Lions Quest Program in the Franklin County Elementary Schools, Tax Aide Assistance, Eye Glasses Recycling, Eye Glasses Assistance, Peace Poster contest for Franklin County Middle School students, Adopt A Highway, Bland Music Contest, Holiday Food Baskets, providing medical equipment to handicapped and disabled individuals, assisting the visually impaired, Camp Too Sweet, and the Trick or Treat Canned Goods Project that we partner with Ferrum College.

Each Club highlighted their main fund raising projects:

Rocky Mount Lions Club -Local "Radio Days" and their Blue Grass Concerts at the Franklin County High School Auditorium. A major Blue Grass Concert to raise money for the Lions Quest program in Franklin County, featuring Little Roy and Lizzy, is scheduled for Saturday, November 16, 2013.

Smith Mountain Lake Lions Club -The Smith Mountain Lake Lions Club/Andrew Hailey Jr. Golf Tournament that was just held on July 22nd and July 23rd and the Reverse Raffle which is scheduled for Saturday, March 22, 2014 at the 4H Center.

Ferrum Lions Club -Their chili booth at the annual Ferrum Folklife Festival scheduled for Saturday, October 26, 2013.

Boones Mill Lions Club -Their annual Boones Mill Apple Festival scheduled for Saturday, September 21, 2013.

The Lions reminded their audience of their motto: WE SERVE



Pictured from left to right are: Roger Seale, Treasurer of the Rocky Mount Lions Club; Kirk Sampson, Lions of Virginia District 24-E Governor from the Smith Mountain Lake Lions Club; Lowell Skelton, Lions of Virginia District 24-E 2nd Vice District Governor from the Smith Mountain Lake Lions Club; Peggy Smith, Secretary of the Ferrum Lions Club and District 24-E Chairperson for Lions Opportunities for Youth/Lions Quest and Roger Flora, Treasurer of the Boones Mill Lions Club.

Submitted by Lion Cindy Decker

Moneta Lions Club



Lion Nelson Leftwich, Governor of Lions of Virginia District 24-E, was the Guest of Honor at a recent Moneta Lions Club formal dinner meeting. After dinner, Governor Leftwich addressed the membership on the duties of the District Governor and Leadership Succession, then performed the induction of the club's incoming Officer and Board of Directors for the fiscal year 2013-2014.

Pictured L-R Lions: Bob Ollweiler, Chuck Dideon, Bart Matthies, Gloria Guice, Rob Senoski, Sharon Maddox, Del Bailey, Mary Davis, Pat Bailey and George Just.





Regular memmbers of the Central Virginia Area Agency on Aging (CVAAA) were treated to a fun morning July 8th, hosted by the Moneta Lions Club. Club members Lions Pat Maddox, and Gloria Guice, entertained the CVAAA clients, playing a number of games, and awarding variousrizes to the many lucky winners. Former Moneta Lion Gloria Just, Nurse Practitioner Ret. was also present administering free blood pressure checks.



Lions of Virginia (LOV) District 24-E, Region 1, Zone 1 Chairperson Lion Gloria Guice addressed her home club membership during their regular dinner meeting, held August first. Lion Gloria passed on information presented by District Governor Lion Kirk Sampson, concerning his personal goals, and challenging goals for all clubs within the District.

Several members of the Moneta Lions Club sport "proud smiles" after surveying their collection of school supplies gathered at their regular meeting recently, a similar amount was collected at a previous meeting. All supplies were purchased "out of pocket," and have been over the past several years, as a personal investment in area youth and their education.





Pictured are Moneta Lions: Farris Maddox, Dennis Heenan, Chuck Dideon and Del Bailey, literally "digging in" at the Moneta Community Park, dedicated as a memorial to former Lion Curtis Fitzgerald. The crew members were busy relocating a walkway, planting grass seed and spreading new mulch.

Members of the Moneta Lions Club gave up their Saturday morning, August 3rd to spruce up the Moneta Community Park, at the intersection of North Old Moneta Road and Rucker Road, adjacent to the Moneta Elementary School.

Pictured are Lions: Rob Senoski and Pat Bailey relocating unwanted weeds from the seating area and flower beds to their rightful place...a compost pile.





It was like Christmas in August, when Body Camp Elementary School Secretary Nancy Reed, and Principal Scott Graham accepted much needed school supplies one day prior to the start of the new school term. The supplies were delivered just in the (Saint) Nick of time by, center to right, Lions (Elves) Rob Senoski, Gloria Guice, and Jo Ann Beachum on behalf of the entire the Moneta Lions Club.

PID Lion Richard Chaffin shared some smiles with Lion Rob Senoski and the Moneta Club's membership following his serious presentation on the Old Dominion Eye Foundation (ODEF).

PID Chaffin discussed the ODEF's Scholarships / Equipment Assistance programs to assist individuals who are legally blind and want to further their education through scholastics or in the trade industry. The monies for these awards will be drawn form the Lipomi Lions Vision Fund through the ODEF, Inc.





Submitted by Lion Rob Senoski

The Moneta Elementary School Nurses, seated, Donna Garret and Ann Long, graciously accepted the support of members from the Moneta Lions Club, during their annual student health screening. Moneta Lions: Rob Senoski, Bob Ollweiler, Gloria Guice, Tim Haer, Jo Ann Beachum, Chuck Dideon, George Just and Pat Baliey, were on hand to administer eye screening, also assist with keeping order and directing students to and from the height/weight and audio stations. Approximately 120 pupils, including Pre-K, were processed in just over three hours.

Smith Mountain Lake Lions Club



The SML Lions, along with others, are assisting with the reconstruction of the Old Anglican Church in Snow Creek. The church was built in 1769 by the Anglican Church and later became a Primitive Baptist Church. Dr. Amos, a family physician in Rocky Mount, recently purchased the church and surrounding property with the goal of restoring the church and having it designated an historical site. This church may be the oldest building in Franklin County. The SML Lions are assisting with the installation of interior boards and outer siding.

Pictured (left to right) are SML Lions Art Sommers, Ron Jamison, Rick Carroll, and Tom Scott.

On August 1, 2013, the SML Lions and spouses celebrated another successful year of serving the SML community at their annual picnic. The social hour was followed by a wonderful meal prepared by Club member, David Cuff, and his cooking team, Debbie Farthing and Joanna Hudzik. Among the 80 people in attendance were special guests Jim Newman, 1st Vice District Governor, and members of the Ferrum Lions Club.

Two special awards were presented: Right: Rick Carroll, Director 1 year, received the President's Appreciation Award from Club President, Joanna Hudzik, for his many hours of dedicated service.



Left: Lowell Skelton, past president 2011-2012, presented an Award of Recognition to



President, Joanna Hudzik, and thanked her for her leadership and dedication this past year.



SML Lions Rick Carroll (left) and Tom Smith watch as Mason Walker puts the finishing touches on a water ski chair designed by Lion Tom. Lions Tom and Rick recently worked with youth at the Henry Fork Service Center to teach them how to use tools safely. Henry Fork is a United Methodist Church entity that works with youth in the Doe Run area of Rocky Mount.

Submitted by Lion Cindy Decker

Roanoke Williamson Road Lions Club

Marian Bullard was inducted as president of the Roanoke Williamson Road Lions Club for Lion year 2013-2014 which began July 1. The event took place at their meeting place Frank's Italian Restaurant, 5933 Williamson Road. Past District Governor J. D. Arnold presided. Each Lion was asked to light a candle and pledge to fulfill the office to which they were elected.

Other new officers are Dr. Herman Brubaker, first vice-president, J.D. Arnold, secretary and tail twister, Tom Adkins, treasurer, and Linda All, membership chair.



Right:Lion Dr. Brubaker hands over the gavel to Lion Marian as outgoing and incoming president.

Submitted by Lion Marian Bullard

Left to right::Lions Dr. Herman Brubaker, PDG J.D. Arnold, Marian Bullard, Tom Atkins, Linda All and Carl Whitaker.



Vinton Breakfast Club



Lion President Paul Gensurowsky (2012-2013), Vinton Breakfast Lions Club, with Moneta Lions Club Youth Services Chairperson Lion Gloria Guice and President Elect Rob Senoski, following their informational discussion concerning Lions Clubs International Foundation's (LCIF) "Lions Quest Program." The interactive briefing was held at Teaberrys Café, 129 E. Cleveland Ave., in Vinton.

Submitted by Lion Rob Senoski

Mount Pleasant Lions Club

The Mount Pleasant Lion's Club had their annual picnic meeting on Saturday, June 23, 2013, at the lake home of Mike and Anne Ferguson. Clark Vandergrift, PDG, inducted the new officers and members. Mike Ferguson is the new President. Pat and Brenda Musselwhite and Tommy Moore are new members.

Pictured is Anne Ferguson, Past President presenting the Lion of the Year Award to Wayne Wray, longtime member of the club.

On August 20, 2013, the club took 6 families (11 children) from Mount Pleasant Elementaryand Garden City Elementary shopping for back-to-school clothes and supplies.



The club is selling raffle tickets for a 32" TV, a gift card for Outback Restaurant, and a gift card for Piggly Wiggly grocery store. The drawing will be held at our regular meeting on September 17th. The proceeds will go to help fund Pack-a-Snack programs at Mount Pleasant Elementary School and Garden City Elementary School.

Submitted by Lion Anne Ferguson

Salem Lions Club



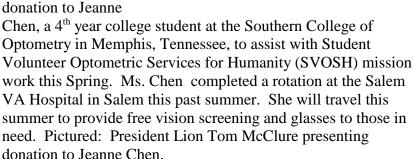
The Salem Host Lions Club had a busy summer season. The club awarded scholarships to twelve local graduates at their annual summer picnic on Tuesday, June 4, 2013, at Longwood Park. Scholarships, totaling \$18,000, were presented to two Glenvar High School (GHS) seniors and ten Salem High School (SHS) seniors. Austin Petters, from Salem High School, received the Dr. Walter Hunt Memorial scholarship. Scholarship recipients for this year included (from left to right in the photograph): Austin Peters (SHS), Cameron Clowser (SHS), Adam Battaglia (SHS), Jeremy Ledbetter (SHS), Kendall Jenkins (GHS), Kenneth Jordan (SHS), Alexandra Gervais (SHS), Samuel Valentine (SHS), Clayton Peregory (SHS). Also receiving scholarships but not pictured

above: Hunter Allen (SHS), Tyler Crockett (GHS), and Samantha Sampson (SHS). At the picnic, First Vice District Governor Lion Jim Newman, with the Cave Spring Lions Club inducted club officers for the 2013-14

The club had several opportunities to assist people in the community. The club assisted with the purchase of a Perkins braille printer for Lola and Dan Cox. Lola writes music for her husband who sings in the choir at their church. Braille sheet music is often not available. PDG Lion Jerry DeGraff and President Lion Tom McClure visited the Cox's once the equipment arrived to assist with the set-up. Pictured: Dan and Lola Cox and PDG Lion Jerry DeGraff



The club also presented a donation to Jeanne



The Salem Host Lions are gearing up for another busy concession season. The Salem Stadium opened on July 30 with the Summer

Music Games. The stadium has already seen some Andrew Lewis Middle School and Salem High School scrimmage games during August. The club is also planning to assist with SPOT vision screenings at South Salem, GW Carver Elementary and East Salem Elementary School.

Submitted by Lion Jenny Poland

Forest Lions Club

On Tuesday, June 25th members of the Forest lions Club, their spouses and guests gathered at Charleys Restaurant to celebrate 40 years of service to Forest and the surrounding area. Both the old and the new were in attendance including Charter Members Lions Richard Chaffin and Glenn Styles and long time member and past president Tommy Harris. At the same time, waiting to become members were Kevin and Regina Yarnell. Invited guests included District Governor Nelson Leftwich, his wife, Past District Governor Bernice, District Governor Elect Kirk Sampson, 1st Vice District Governor Elect Jim Newman, and 2nd Vice District Governor Lowell Skelton and his wife Kathy.

Following a great dinner, Lion President George began the program of recognition and celebration. Lion Barbara Wright read the names of the original 22 members of the Club and a bell tolled as each name was read. Lion Barbara's father Lion Sam Lawhorne was a charter member and the evening was dedicated in honor of her mother Lion Beulah Lawhorne who passed away this past April.

Past International Director and still active member, Lion Richard Chaffin offered a series of toasts to the club, its members past and present and "To the myriad of people who have been touched in a positive, beneficial way. For providing us the work that touched our hearts". He concluded with a toast to "a wondrous future, filled with the success of giving, sharing and serving through a medium known as the Forest Lions Club".

Lion Richard then presented a Lions of Virginia Foundation Humanitarian Award to Lion Barbara Wright and a Progressive Melvin Jones Fellow Award to Lion George Mohrmann. Lion



Richard was then recognized for his 40 years of service to the Lions and the Forest Lions Club. Lion Joanne Grant presented him a framed plaque with his picture, a summary of his years of service and the signatures of all current Club members.

District Governor Nelson Leftwich was introduced as a representative of the Bedford Host Lions Club the sponsoring organization some forty years ago. DG Nelson inducted new members Lions Kevin and Regina Yarnell. An honor relished by the District Governor and welcomed by all Lions.

Lion Kirk Sampson, District Governor Elect, presented his plans for the District in the year ahead. He inducted the officers for the new year: Lions John Brecker (Tail Twister), Doug Cook (Lion Tamer), Richard Chaffin and Emmett Holdren (Directors), George Mohrmann (Membership Chair), Dallas Scott (Secretary), Joanne Grant (Recording Secretary), Jim Love (Treasurer), Cindy Mohrmann (2nd Vice President), John Wilkins (1st Vice President and Tom Crush (President). Lion Tom was presented the gavel of office and a Lions President pin.

Outgoing President Lion George concluded with brief remarks of gratitude for the opportunity to serve and a thank you to all of the members. He turned the podium over to Lion President Tom who closed the evening's festivities with a commitment to continue the Club's service to the community.



On Saturday, August 17 the Forest Lions Club was back on the member trail at the Forest Farmers Market. Results produced 2 prospective members, sold 7 brooms and 25 expressed interest in attending the Club's Health and Safety Fair on November 2. (See last page)

The Club will be back at it again from 9:00 AM to 3 PM on Saturday, September 14 at the New London Food Lion at the intersection of Routes 811 and 460.

Submitted by Elliott Borneman

Cave Spring Lions Club

The Cave Spring Lions Club will hold a Yard Sale on September 13-14, from 7:00 am to 2:00 pm, at the Cave Spring Clubhouse. Come and find your special treasure!

The Club will be providing Spot PediaVision testing at the Boone's Mill Apple Festival on September 21st



left:Gene Herrick, AP correspondent and Lion VP Gary Wagner

right: Kay Ford, Vistar Eye Center and Lion Pres. Jim Bailey





left: Melanie Slaughter, Carter Athletic Center and Lion VP Gary

right: Dr Diana Christopulos and Mark McClain, Cool Cities with Lion Pres. Dharam Sawh



The Forest Lions Club Announces a Great Family Opportunity

"Save the Date"

For a Health and Safety Fair for All Generations of the Family

"Helping and Teaching Families to Stay Safe and Well"

Saturday November 2, 2013 9AM to 1PM

Forest Presbyterian Church

1226 Two Church Lane

Forest Road (Route 221) Forest, VA (Next to the Forest Library)

Please bring one nonperishable item for the Blue Ridge Area Food Bank

Services expected to be present include:

- o Centra Health Mammogram Van (requires insurance card)
- Free vision and hearing screening
- o Free blood sugar testing
- o Diabetes Counseling
- o Free Child ID
- Cholesterol Testing- Fee of \$18.00
- o Fire safety for the home
- o Explore the Forest Fire Department Fire Truck
- Child and Infant health and safety
- Health and safety for the older adult
- Senior Support for Medication Safety
- Free Oral cancer screenings
- o **Free** heart health education and blood pressure screenings
- Healthy Nutrition Counseling
- Child literacy information (Gus the Literacy Bus)
- Chiropractic care- back/neck health and chair massages
- Free eye screening and testing for Macular Degeneration
- The American Red Cross Bloodmobile will be accepting blood donations
- Additional resources in the community such as The Forest Lions Club, The Blue Ridge Area Food Bank, The Salvation Army, Chiropractic Care Center Juvenile Diabetes (JDRF), Jamerson Family YMCA, the Central Virginia Area Agency on Aging (CVAAA), Old Dominion Eye Bank, CVS Pharmacy, Bedford Sheriff's Department, Centra Health, United Way, Carilion Clinic, St. Clair Eye Care and others will be present to provide assistance and information.

For more Information go to our website at: http://www.e-clubhouse.org/sites/forestva/